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Plate Puck Instructions

1. A swing away heat press is recommended for even downward pressure. Clamshell presses may cause uneven pressure if the press cannot press items up to 1.5" thick. The upper platen must have even contact with plate puck.
2. Trim and position sublimation transfer (image side down) in center of plate and hold down with heat resistant tape.
3. Center plate puck on top of transfer, cover with Teflon sheet, lower heat press onto plate puck with medium pressure. Be careful, excessive pressure combined with heat can crack plate!
4. Transfer image time: 6-7 minutes at 400F.
5. **CAUTION: Use pliers to remove plate puck. Plate puck will be extremely hot!**
6. Carefully lift off transfer paper (plate is hot, use gloves) as not to blur image. Let cool.

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